



2009 Season Review

ANOTHER SUCCESSFUL YEAR FOR CATTEWATER!

Dare we say it but it has been yet another successful season despite the inclement weather! Difficult rowing conditions affected both racing and training, but spirits could not be dampened and the commitment of club members shone through as evidenced by the club ranking for the season, a commendable 9th overall, holding our position as TOP DEVON club!

CREW & RACING NEWS

The Ladies A crew continued their recent good form coming an impressive 8th/93 at the September Newquay County Championships, equalling their position at the May Isles of Scilly World Championships. The crew was pipped to 7th place by Devon rivals Teignmouth, but were pleased with the result which followed a late crew change with Cathy from the B crew stepping up to the challenge! The crew came an impressive 6th in the Tribute series, a result that reflects final positions at 3 star events held throughout the season. The crew is yet to be finalised for 2010 season, with six seats up for grabs and at least 7 rowers up for selection. All we know is that the girls are looking forward next year with even more

The Men's A crew had a tough season with several crew changes. The men worked hard to include new rowers in their line up and nurture fresh talent, not an easy thing to do when the competition is so tough,

but a great move for future club development. The final crew featured two relative novices but still managed to finish an impressive 9th at the Newquay County Championships, and 17th in the Tribute series. The boys are strong contenders for the top Devon men's crew spot at the 2010 World Championships. With this in mind the men are training hard with Monday night circuits and ergo sessions proving popular despite the pain that club fitness coaches, Dave and Mark, inflict, but without a set crew for the 2010 season the competition is on for A crew seats...

The Ladies B A mixed season for the girls finishing an impressive 6th in the Tribute series, but ending in a disappointing Newquay result.

Conditions at Newquay started rough on day one forcing many good crews out of the running, unfortunately the Ladies' B joined the large group of disappointed crews that fell foul of the difficult sea conditions. The ladies finished a disappointing 67th.

On a positive note, this has renewed the crew's determination to improve their rough water performance and work towards the new season.



The Men's B underwent crew changes throughout the season, with many new rowers given the opportunity to race. Despite the changes and the difficulties in getting a regular crew to train together the men came a commendable 12th in the Tribute series, followed by a less favourable 38th at Newquay. They did, however, manage not to get disqualified (☹) and a grand night out was had to celebrate the end of the hard slog!

The Ladies C We're very happy to have enough rowers to be able to field a C crew at all the major events. New rowers have joined throughout the season and raced as often as possible. The girls have trained well despite being faced with limited crew availability all season. After coming 106th in the world championships, they came an impressive 47th at Newquay, particularly as Nikki had to jump in at the last minute due to a crew shortage a week before the championships, good effort girls!

Huge thanks to all the coxswains who have helped each and every crew over the season - you are all fantastic for giving up your time and giving us all your energy and encouragement.

Thank you again and see you on the water next year!

Ladies B have lift off - Newquay 2009

CLUB DEVELOPMENT NEWS

The committee worked hard in 2009 developing the management of the club, as a result we have achieved Club Mark accreditation from the Amateur Rowing Association (now British Rowing), the award is recognised across all sporting arenas as a gold standard in junior provision. This puts us in a good position for continuing to host schools rowing and to develop a junior section in 2010 – watch this space!



The Clubmark logo can now be seen on our letterhead and updated website - take a look. Many thanks to all concerned but mainly Steph, Emma, Colin, Matt & Steve who worked tremendously hard to achieve this.

GRANT FUNDING

We were also successful in our application to the Grassroots Grants scheme, administered by the Devon Community Foundation. A total of £5000 was awarded, this enabled us to purchase a new set of ladies' oars, and a new gig trailer plus two boat covers. This type of support really makes a big difference. Thanks



again to Devon Community Foundation!

SPONSORSHIP

Do you know an organisation that would like to sponsor us? Do you know a company looking to advertise across the south west? Have you got any fundraising ideas you would like to share? Would you like to lead a group of members to manage the clubs fundraising efforts?

Email: admin@cattewatergigclub.co.uk

RAISING FUNDS FOR THE NEW GIG!

BINGO!!! Once again Colin and Emma organised a fun night of Bingo! Club members, friends and family armed with felt tip pens, a flask of tea or favourite tippie, flocked to Prince Rock Primary School and had great fun raising club funds and taking a few winnings home for themselves!! Watch out for the next Bingo night...

Movember-did YOU grow a moustache to raise money?

We celebrated the end of Movember by shaving off Steve's moustache of 37 years!!! Photos were taken every step of the way – see glorious photos on our website! Cathy, Claire & Emma also donned knitted moustaches so that they wouldn't miss out! Great fun was had by all and we raised £275.55 towards our new gig, thank you Colin, Steve, Dave and Paul for growing such mighty face decoration and raising funds for the club and for prostate cancer.

NEWS FLASH:

Cattewater 100 CLUB – Buy your tickets NOW! We are starting a 100 Club for 2010. We need to sell 100 tickets at a cost of £15 each. The tickets will be valid for 12 months and holders will be automatically entered into a monthly cash prize draw with a chance of winning: 1st PRIZE £25, 2nd PRIZE £15, 3rd PRIZE £10. The odds of winning are high and it will be a great way of raising money for the new gig – speak to a committee member for details.

Date for your diary: January 16th 2010– Barn dance to celebrate Emma's 30th! Much fun to be had at Trinity United Reform church Hall, Torr Lane, Hartley 7pm. BYO drinks & food, £5 pp All profits to Cattewater Gig Club. Thanks to Emma for the party as well as raising funds for the club . Come on down & do-se-do your partner!

TRAINING DIARY

CIRCUITS: MONDAYS Down Thomas Village, Hall 18.30, £2

ERGOS: Wednesdays, Plymstock School, 18.30, £1.50. Contact [Steph](#) for details.

Great job so far but don't forget, winter boat maintenance at Bovisand Lodge estate every **Saturday**

